



# Fall 2021 - Inbound Cadet Bulletin

## Rutgers University Army ROTC

157 College Avenue, New Brunswick, NJ 08901. Tel. (848) 932-3216/3217



### Inbound Cadets,

Greetings! I'm pleased to welcome you to the Scarlet Knight Battalion. This begins your journey into Commission in the United States Army as a Second Lieutenant. Rutgers University and the Army ROTC program have a 106 year partnership that started 1914. During this time Scarlet Knight Battalion Officers have honorably served in every major conflict our Nation was involved.

You're joining a long lineage of heroes, men, and women that have volunteered to defend our nation against all its enemies both foreign and domestic. I'm proud of your decision and thank you for joining the profession of Arms.

This is the first of several updates we will send between now and your August arrival at Rutgers. This bulletin will not only provide some pertinent insights about Army ROTC but also facilitate your integration into our program. Ideally, the information provided in your welcome letter will answer many of the commonly asked questions, while addressing the most significant concerns raised by prospects and their families. Indeed, be mindful that some of information included may not be applicable to your specific situation. As we transition into a new school year, remain flexible as we all make the steady adjustment back to normalcy. My Staff and I look forward to meeting you and wish you all the best as you pursue your various endeavors.

- **Javier A. Cortez, Lieutenant Colonel, U.S. Army, Professor of Military Science**

## Important Information

### Rutgers University New Student Orientation (NSO):

The Rutgers University New Student Orientation (NSO) is a requirement for all first-year and transfer students enrolling at Rutgers for the Fall 2021 semester. More information can be found at: <https://nso.rutgers.edu/orientation-programs/>

First-years and transfer student all first-year and transfer students who start in Fall 2021 are required to complete two online learning modules (Not Anymore and Not Anymore for Alcohol & Other Drugs) by September 1, 2021. Students who fail to complete the two modules by the deadline will be unable to register for Spring 2022 classes. This registration hold will remain on the student's account until both modules are completed. For all new students (first-year and transfer) starting in Spring 2021, these modules will be sent to you via your Rutgers email account and guidelines for completion will be similar to those outlined above.

### **Message from the New Student Orientation and Family Programs**

The mission of New Student Orientation and Family Programs is to welcome, prepare, and engage new students and their families in their transition to Rutgers University-New Brunswick. Due to the impact of COVID-19, we will be implementing a virtual orientation experience for all incoming students and their families. We recognize this experience may be different than what you anticipated, but we are dedicated to still providing you an intentional and engaging experience. You will have an opportunity to learn about tools and resources available to you as a Rutgers student, tips and strategies to best navigate the campus, and connect with other new students and student leaders.

### **Registering and Accessing for the New Student Orientation**

Starting in Early May 2021, students will be able to go to their MyRutgers Dashboard and select their Virtual Orientation date. Students must be available to be online for the entire time period of the selected Virtual Orientation.

Virtual Orientation is supported through the University's Learning Management System, Canvas, and through Zoom. All Rutgers University students are given a licensed Zoom account to use throughout their Rutgers journey.

### **U.S. Army ROTC Points of Contact:**

#### **Mr. Joshua Nelson**

Recruiting Operations Officer  
joshua.m.nelson.civ@mail.mil  
848-932-3217

#### **Ms. Michelle Lawrence**

Executive Assistant  
Michelle.Lawrence@armyrotc.rutgers.edu  
Tel. (848) 932-3216

### **Scarlet Knight Cadet Leadership**

On behalf of the senior class, I would like to welcome all of you to the proud Scarlet Knight Battalion. I am Cadet Thomas P. Nowoslawski, and I will be your Cadet Battalion Commander for the upcoming Fall 2021 semester. I would also like to personally thank all of you who have given your time, energy, and focus to the SKBN and ROTC while pursuing an undergraduate degree here at Rutgers.

As Rutgers University and colleges across the nation return to on-campus activities and learning there is a great relief that lives can return to normalcy. The in person return to campus once again allows face-to-face interaction among students and faculty for a more outgoing college experience. Army ROTC has utilized this opportunity to create and plan physical and tactical events throughout the semester. Throughout your time at the SKBN you will be able to develop yourself not only as a leader, but also as a person in your character. This ability to conduct training in person will prove to be beneficial to all cadets as they receive better instruction in preparation for commissioning.

If you are interested in learning more about the program, have any questions on how to contract with us, or would like to sit in and learn with us, please reach out to [ScarletKnightBattalion@gmail.com](mailto:ScarletKnightBattalion@gmail.com) or visit the Army ROTC Building located at 159 College Avenue, New Brunswick 08901. The cadet leadership and I are excited to meet all of you this semester!

### **- CDT Battalion Commander Thomas P. Nowoslawski**



# Contracting / Enrollment Preparation:

While only inbound freshman (Military Science level I Cadets) who are **ADMINISTRATIVELY QUALIFIED** 4yr Scholarship Winners will contract during the upcoming spring term, we will also look to contract eligible sophomores/juniors (Military Science level II/III Cadets) who are returning (including MSII 3yr scholarship awardees) or, who are integrating via lateral entry. Our priority is to have ALL 4yr scholarship winners and MSII 3yr advanced designee awardees front-loaded for contracting, followed by MSII/III's. To achieve this, many requirements can be completed over the summer. Ideally, individuals who are just joining the program and seeking to enroll/contract will secure, and make available the following documents prior to start of Academic Year 21-22 (AY21-22) Individuals should download/save associated forms in editable PDF format.

(USACC forms may be found at the following link: [https://www.cadetcommand.army.mil/forms\\_pubs.aspx](https://www.cadetcommand.army.mil/forms_pubs.aspx))

- Copy of Birth Certificate
- Copy of Social Security Card
- High School & College Transcripts (As applicable)
- ACT/SAT Score sheet
- DD Form 214 (For prior active duty service members or individuals currently serving in US Army Reserve/National Guard)
- Copy of immunization records ( Rutgers University also requires for admission)
- DA Form 3425-R, signed by a Medical Doctor (only required if DODMERB is pending/incomplete)
  - Primary care physician signs this form, confirming no limiting medical conditions.
  - DODMERB **Qualified** personnel do **NOT** need to complete this form.
  - **ALL OTHER CADETS** must complete this form in order to participate in any training.
- USACC Form 139-R, Cadet Enrollment Record (first two pages only)
- USACC Form 136-R, Government Sponsored Benefits
- USACC Form 137-R, Access to Student Records
- Dental Information Form (Name, Office Address, Office Phone Number)
- \*\*\* Copy of Selective Service Number (Males Only)
- \*\*\* Copy of Passport (if applicable)
- \*\*\* SF 1199A-97, Direct Deposit Sign-Up Form (NEEDS APPROVAL FROM BANK)

**\*\*\* ONLY FOR NATIONAL HIGH SCHOOL SCHOLARSHIP WINNERS**

## Commonly used terms/acronyms

**ACFT** = Army Combat Fitness Test

**ARNG** = Army National Guard

**Contracting** = Official commitment to military service in Army ROTC; can be scholarship or non-scholarship

**DODMERB** = Department of Defense Medical Evaluation Review Board

**Enrollment** = Completion of specific administrative requirements to establish eligibility to participate in Army ROTC

**FTX** = Field Training Exercise

**GRFD** = Guaranteed Reserve Forces Duty (typically in scholarship context)

**IPFU** = Improved Physical Fitness Uniform

**MSL** = Military Science & Leadership Level (e.g., MSI = Freshman)

**NSO** = New Student Orientation

**OCP** = Operational Camouflage Pattern

**OML** = Order of Merit List

**OPAT** = Occupational Physical Assessment Test

**PMS** = Professor of Military Science

**PRT** = Physical Readiness Training

**ROO** = Recruiting Operations Officer

**ROTC** = Reserve Officers Training Corps

**USACC** = United States Army Cadet Command

## Minor in Military Science

The Professor of Military Science with the approval of the Rutgers University Faculty Senate, is pleased to announce that students are eligible to be awarded a Minor in Military Science commencing AY 19-20. This is particularly advantageous for students enrolled/contracted in US Army, US Air Force, and US Navy/Marine Corps ROTC programs who will now be recognized for the efforts. In most cases, enrolled/contracted students may opt to take the Minor in Military Science in lieu of another minor.

## Commissioning ceremony Highlights

New Brunswick, NJ - On May 18th, 2021, 16 members of the Scarlet Knight Battalion class of 2021 were commissioned as 2nd Lieutenants in a virtual ceremony over Cisco WebEx. Cadets had the opportunity to hear from guest speakers Brigadier General Paula Lodi and Rutgers University Chancellor Christopher Mollay



## 18 May Commissioning Ceremony



LTC Javier Cortez (PMS) delivers opening remarks



MSIV Cadets prepared for commissioning by BG Paula Lodi.



Dr. Christopher Mollay (Chancellor for Rutgers University-New Brunswick Campus) addresses Cadets.

On 18 May, the SKBn commissioned 16 MSIV Cadets as Second Lieutenants into the U.S. Army via Webex. Cadets had the opportunity to hear from guest speakers Brigadier General Paula Lodi and Rutgers University Chancellor Christopher Mollay.

Congratulations to our new Second Lieutenants! Go Knights - Humble Winners!



Guest speaker BG Paula Lodi (Rutgers Army ROTC Class of 1999) addresses Cadets

# Frequently Asked Questions

## Q: What does a scholarship provide?

A: Scholarship Winners:

- All tuition costs and required student fees are covered by the Army ROTC scholarship
- Book expense up to \$1200 annually
- Room and Board (Dining) fees are the responsibility of the student
- Important Note: While the tuition/fees may appear resolved (after the bill is published), they are not OFFICIALLY resolved until Cadets meet ALL administrative requirements (medical, paperwork, administrative, etc.) and officially contract

3yr Advanced Designee and Campus Based competitors must resolve their entire bills to complete registration.

## Q: I'm a 3yr AD winner; is it possible to upgrade that to a 4yr?

A: The national scholarship process is closed, and it's unlikely they will upgrade any 3yr AD winners to 4yr, at this point. We prepare all 3yr AD winners to contract immediately, in order to prepare for that possibility, but it is very unlikely.

## Q: Are there any additional clothing items I need to complete my Army ROTC uniform?

A: All required uniforms and equipment are provided to contracted Cadets. However, all cadets should have several common and inexpensive items needed to complete or augment cadet uniforms:

- White or black ankle socks (compliant with AR 670-1)
- Running Shoes
- Black polo shirt (solid or with Rutgers logo)
- Khaki pants

## Q: How do I 'apply' for an Army ROTC Scholarship?

A: Enrollment and participation in Army ROTC classes and events are the first steps to compete for a scholarship. A scholarship board is scheduled for the beginning of September, and more requirements will be published at a later time. There is no formal application, rather a series of specific steps to ensure you are administratively eligible to earn a scholarship. The key is regular attendance and engaged participation.

## Q: What's the likelihood of earning a scholarship in ROTC?

A: Scholarship availability is determined by US Army needs and is rarely published in advance. The keys to earning a scholarship are:

- Working hard and achieving the highest possible GPA
- Working to achieve a high OPAT score as early as possible (start working out this summer)
- Completing administrative requirements for contracting eligibility ASAP.

Often times, scholarship awards go to the highest performing and most prepared cadets. If a scholarship is available at the end of the fall 2021 semester and a Cadet has not completed their DODMERB, they may be skipped on the Order of Merit List (OML) for a cadet who meets all administrative criteria.

## Q: How much do uniforms and equipment cost?

A: All required uniforms and equipment are provided to contacted cadets; this includes food and lodging during extended training events.

## Q: Do I need to get boots/bags/gear/? What boots/bag/gear should I get? Where should I get these boots/bag/gear?

A: First off, all Cadets are issued the equipment they need to conduct training. It may take until the 2nd-3rd weeks of the semester, but everyone will have what they need to complete activities they are asked to conduct. That being said, there are always better things out there. With all equipment, refer back to AR 670-1 for uniform compliance.

## Q: What's the commitment for participating in Army ROTC?

A: Until a cadet officially contracts with Army ROTC, either scholarship or non-scholarship, there is no obligation to the US Army. Once a cadet contracts they incur an 8x year 'block' of a service obligation. The structure of that commitment is different, depending on the type of contract and/or scholarship money the individual accepted.

- Contract with Active Duty scholarship - The first 4x years are served on Active Duty; the remaining 4x can be fulfilled while on Active Duty, reserve component (ARNG, USAR) or Inactive Readiness Reserve (IRR = name on readiness list; rarely used) -  
- OR -

Cadets may request a direct commission into a Reserve Component (ARNG/USAR) and serve 8x years that way

- Contract with GRFD scholarship - All 8x years are served in the USAR or ARNG
- Non-Scholarship - If commissioning onto Active Duty, the first 3x years are served on Active Duty; remaining 5x years can be fulfilled on Active Duty, in a reserve component (ARNG, USAR) or on IRR

Note: If commissioning into a reserve component, the first 6x component (1x weekend per month; 1x week per active ARNG/USAR service or IRR)

8yr Service Obligation								
Commission / Scholarship Status	1	2	3	4	5	6	7	8
Active Duty Commission + Scholarship (4yr, 3yr AD, STEM, Nursing)	Initial ADSO				AD, ARNG/USAR or IRR			
Active Duty Commission + Non-Scholarship	Initial ADSO			AD, ARNG/USAR or IRR				
Reserve Forces Commission + Scholarship (Dedicated ARNG/USAR, GRFD)	Initial ARNG/USAR Service Obligation							
Reserve Forces Commission + Non-Scholarship	Initial ARNG/USAR Service Obligation					ARNG/USAR or IRR		

Acronyms
AD - Active Duty
ADSO - Active Duty Service Obligation
ARNG - Army National Guard
IRR - Inactive Readiness Reserve
STEM - Science, Technology, Engineering and Math
USAR - US Army Reserve

# Updates to Battle Rhythm and Physical Training

## Physical Fitness Assessment for Contracting Cadets:

Based on the Army Secretary's Directive and the ASA (M&RA) supplemental guidance on APFT and ACFT, USACC will use the following fitness assessment for contracting and continue to follow the published guidance for retention and commissioning.

The physical fitness assessment for contracting Cadets will be the Cadet Command Fitness Assessment (CCFA). The CCFA consists of 1 minute of push-ups, 1 minute of modified sit-ups (hands placed on opposite shoulders), and a 1-mile run. The chart below shows the minimum standards for contracting.

The physical assessment used for retention and commissioning will remain the ACFT. The ACFT will be given on campus once each semester. Failure of the ACFT by a Cadet will not result in any administrative action being taken against the contracted Cadet, in accordance with Army Directive 2020-06 (Army Combat Fitness), 12 June 2020; and ASA (M&RA), SAMR, memorandum (Supplemental Guidance #1 for the Use of the Army Combat Fitness Test (ACFT) During Initial Military Training (IMT) and Commissioning), 14 October 2020. Every Cadet preparing for graduation and commission will be given an ACFT within 120 days of commission in accordance with USACC Regulation 145-9. The Cadet will be commissioned regardless of the ACFT score as long as they meet all other appointment criteria outlined in USACC Regulation 145-9 and CC Form 145-5-1 (USACC Appointment Checklist).

Events	Push Up	Modified Sit-up	1 Mile Run
Male	30	35	8:00
Female	13	30	10:00

Cadet Command Fitness Assessment (CCFA)

## Battle Rhythm (Fall 2021) Updates:

View the schedule below for the most up-to-date schedule for the **Fall 2021** semester. The primary change involve the physical fitness (PT) program. The start of morning PT has been shifted from 0700 to 0630 since Rutgers classes are back in-person. There are still two PT sessions per day from 0630 to 0745 and 1500 to 1615. The afternoon PT allows Cadets that are not living on and/or near campus opportunities to still participate in PT if they cannot attend to morning PT.

Rutgers University Army ROTC "Scarlet Knight Battalion"								
Battle Rhythm Fall 2021								
TIME	MONDAY	TUESDAY	WEDNESDAY				THURSDAY	FRIDAY
0700 to 0815	ROTC Morning PT: 0630 - 0745 (Primary)							
	MS Level	MSI	MSI	MSII	MSIII	MSIV	MSII	MS I - IV
	Location	Livingston	College Ave	College Ave	College Ave	College Ave	College Ave	TBA
0800								
0900	Cadet Training Meeting (MS IV) 0900 - 1000	FOUNDATIONS OF OFFICERSHIP 03:691:101 Section 01 TUESDAY 0900 - 10:20 Livingston	FOUNDATIONS OF OFFICERSHIP 03:691:101 Section 02 WEDNESDAY 0900 - 10:20 College Ave		MIL LEADERSHIP & PROBLEM SOLVING 03:691:391 Section 01 WEDNESDAY 0900 - 1200 College Ave	MIL LEADERSHIP & MANAGEMENT 03:691:491 Section 01 WEDNESDAY 0900-1200 College Ave		MILITARY LEADERSHIP LAB Cadets report to MS Level Instructor 0800 to 1200
1000								03:691:103 03:691:203 03:691:393 03:691:493
1100				INDIVIDUAL LEADERSHIP STUDIES 03:691:201 Section 01 WEDNESDAY 1100 - 1220 College Ave			INDIVIDUAL LEADERSHIP STUDIES 03:691:201 Section 02 THURSDAY 11-12:20 College Ave	
1200								
1500 to 1615	ROTC Afternoon PT: 1500 - 1615 (Alternate)							

### Notes:

- Morning PT is mandatory for all. However, Cadets/Students are encouraged to attend both PT sessions.
- Recommended for students to use University Shuttle (free) or purchase an Add-On Parking Pass for Army ROTC. Cost is \$30 per year; fill out form and turn application to Mrs. Lawrence. Due: 1st Lab.
- Independent Study Class 03:691:495 / Leadership LAB 03:691:498, by arrangement reserved for 5th Year of Military Science Optional.
- College Ave Gym is open from 0700 to 1300, except on coordinated gym days (opens at 0630).